

**Eskom Athletic
club MPU
in conjunction
with
SAVF Old Age
Home Middelburg**



Fun Run & 10km

Race

**Date: Wednesday
15 October 2025**

**Venue: SAVF Old age
home, 52 Walter
Sisulu street
Middelburg**

**Time: Race starts
18:30**

Entry fee:

Fun Run	R50
10km	R80
Temp license	R40

Enquiries

PAUL BESTER - 082 966 7767

Entries from 17:00 on day of race.

Road Race (10km) & Fun Run

Starting time - 18:30

Rules & Regulations

**Race run under ASA , WA & AMPU
House rules.**

- No seconding will be allowed.
- No ear phones or Walkman's allowed.
- Obey traffic officials and race marshals.
- Athletes for 10km must be 14 years or older on the day of the race.
- Races presented according to ASA & WA and AMPU house rules.
- All athletes will participate at their own risk.
- Proof of age to be produced upon request on day of race and for collecting prize money.
- Registered athletes must wear full club colors and 2025 license numbers Front & back.
- Age category I.D. tags must be worn (back and front) by athletes competing for a category prize and ASA license on the front. & back

No dogs allowed

Foreign Athlete to provide a clearance letter from their Sport Federation from their home country

Athletes will participate at their own risk, the club will not be held responsible for any injury sustained during the race.

Refreshment stall available.

Medals to all finishers.

Prize Money

Please note I.D.'s is necessary when collecting Prize Money!!

**Category 10km
Men & Ladies**

Open 1st	R400
Open 2nd	R350
Open 3rd	R250
1 st 40 +	R200
1 st 50 +	R200
1 st 60 +	R200
1 st 70+	R200
1 st Junior	R200

